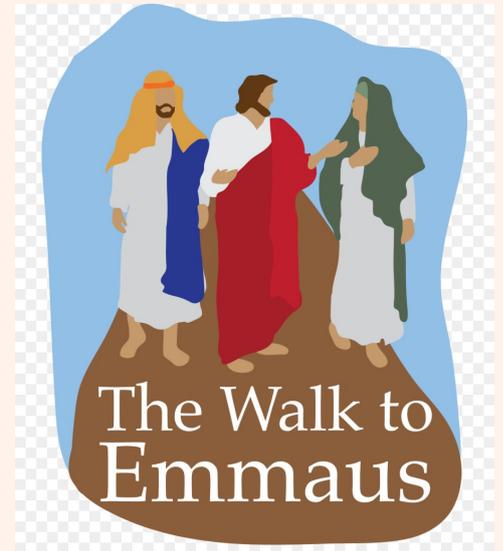


2020	OUR LADY OF SORROWS
S A C R E D	H E R E T
<p>The Children's Liturgy.....</p> <p>@ Home!</p>	



Welcome to the Sunday April 26th edition of 'The Children's Liturgy', devoted to our children. We have included activities that would normally take place during our Church celebrations. Instead, during our time of isolation, we all celebrate together in our homes. There is a guide for parents to discuss the gospel and the readings with your children. We would love to see what you have been up to! Please send photos of your activities to :

'Loaves and Fishes' our group on Facebook. If you don't have Facebook please send them to : shandolos@portsmouthdiocese.org.uk

### Guardian Angel Prayer

Angel of God,  
my guardian dear,  
To whom God's love  
commits me here,  
Ever this day,  
be at my side,  
To light and guard,  
Rule and guide.  
Amen.



### At the Movies

Have a look at this video of the  
Gospel of Luke: The Road to  
Emmaus

[https://www.youtube.com/  
watch?v=34zqp750auM](https://www.youtube.com/watch?v=34zqp750auM)



### 3rd Sunday of Easter

First Reading:  
ACTS 2:14, 22-33  
Second Reading:  
1 Peter 1:17-21  
Gospel:  
Luke 24:13-35

Lots of great resources  
for Easter at these sites:  
[www.catholicicing.com/](http://www.catholicicing.com/)

[www.cafod.org.uk/  
Education/](http://www.cafod.org.uk/Education/)  
(Virtual Children's Liturgy )

[www.svp.org.uk/mini-  
vinnies/activities](http://www.svp.org.uk/mini-vinnies/activities)

## Reflecting on the Readings with Children

This week we celebrate the Third Sunday of Easter. When we are at church, in Children's Liturgy we read the Gospel with the children and then discuss what we have heard – we generally have a simpler form of the Gospel so the following might be easier for your child(ren) to understand rather than the full Gospel according to St Luke, in your Missals.

However, before we read the Gospel we do make the sign of the cross on our foreheads, on our lips and on our heart, saying "God be in my mind, God be on my lips and God be in my heart", emphasising that God needs to be with us in what we think, in what we say, and in what we feel.

On that same day two of Jesus' followers were going to a village named Emmaus, about seven miles from Jerusalem, and they were talking to each other about all the things that had happened. As they talked and discussed, Jesus himself drew near and walked along with them; they saw him, but somehow did not recognize him. Jesus said to them, "What are you talking about to each other, as you walk along?"

They stood still, with sad faces. One of them, named Cleopas, asked him, "Are you the only visitor in Jerusalem who doesn't know the things that have been happening there these last few days?"

"What things?" he asked.

"The things that happened to Jesus of Nazareth," they answered. "This man was a prophet and was considered by God and by all the people to be powerful in everything he said and did. Our chief priests and rulers handed him over to be sentenced to death, and he was crucified. And we had hoped that he would be the one who was going to set Israel free! Besides all that, this is now the third day since it happened. Some of the women of our group surprised us; they went at dawn to the tomb, but could not find his body. They came back saying they had seen a vision of angels who told them that he is alive. Some of our group went to the tomb and found it exactly as the women had said, but they did not see him."

Then Jesus said to them, "How foolish you are, how slow you are to believe everything the prophets said! Was it not necessary for the Messiah to suffer these things and then to enter his glory?" And Jesus explained to them what was said about himself in all the Scriptures, beginning with the books of Moses and the writings of all the prophets.

As they came near the village to which they were going, Jesus acted as if he were going farther; but they held him back, saying, "Stay with us; the day is almost over and it is getting dark." So he went in to stay with them. He sat down to eat with them, took the bread, and said the blessing; then he broke the bread and gave it to them. Then their eyes were opened and they recognized him, but he disappeared from their sight. They said to each other, "Wasn't it like a fire burning in us when he talked to us on the road and explained the Scriptures to us?"

They got up at once and went back to Jerusalem, where they found the eleven disciples gathered together with the others and saying, "The Lord is risen indeed! He has appeared to Simon!"

The two then explained to them what had happened on the road, and how they had recognized the Lord when he broke the bread.

If you would like to simplify what has been heard, the following may help:

In this week's Gospel from Luke, Jesus appears as a stranger after his crucifixion to two of His disciples traveling to the village of Emmaus. The disciples do not recognize Jesus because Jesus has "veiled" their eyes, which means they cannot see who it really is, so they will not know him. The disciples begin talking to the stranger and say that they are confused about what has happened. They have heard that Jesus' body is gone, and that some of the women encountered angels in the tomb - but they do not know where their Lord has gone! Jesus begins speaking to them of the old testament - and the new. He weaves for them a beautiful tapestry of the words of all the prophets and all that had been foretold about the Messiah. When they reach their destination, the disciples invite this stranger to stay with them - and he accepts. Once they are seated, He takes bread, blesses it and in that moment - the disciples recognise Jesus! Their friend and teacher! In the breaking of the bread - in the Eucharist - Jesus reveals himself to them.

You can then ask several questions to discuss the Gospel with your child(ren) - listen to their answers, you will be surprised, as we are, how much they listen to what is being read and how much they understand:

The two disciples meet another man along the road and they walk with him. Who do you think this was? But did the disciples recognise him?

The man explains the Scriptures to the disciples so that they can understand that Jesus is risen from the dead.

Do the disciples recognise him now?

The man takes the bread, blesses it, breaks it and shares it with the disciples. Suddenly they realise who it is. Why do you think the disciples recognise Jesus now?

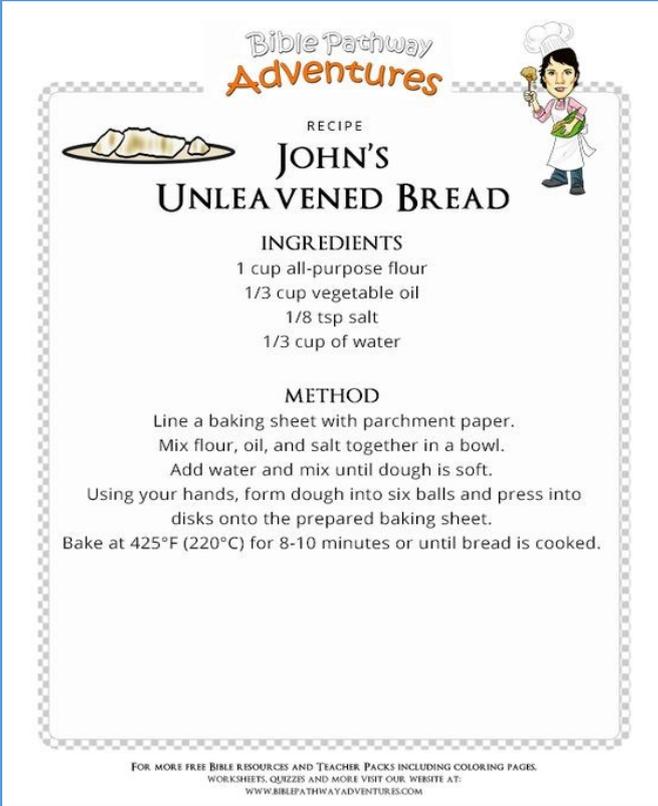
Can you think of another time that Jesus broke, blessed and shared the bread?

How would you behave if you were eating with Jesus? What would you say? How would you treat him?

We are all made in the image of God and Jesus is in each and every person, but often we forget this. We do not take the time to recognise how important and special each person is. But our eyes can be opened just like the disciples in this story. If we take the time to get to know others, to share food with them, perhaps we will come to see Christ in these people, our brothers and sisters, who are all part of God's family around the world.



## Activity suggestions:



**Bible Pathway Adventures**

RECIPE  
**JOHN'S UNLEAVENED BREAD**

**INGREDIENTS**  
1 cup all-purpose flour  
1/3 cup vegetable oil  
1/8 tsp salt  
1/3 cup of water

**METHOD**  
Line a baking sheet with parchment paper.  
Mix flour, oil, and salt together in a bowl.  
Add water and mix until dough is soft.  
Using your hands, form dough into six balls and press into disks onto the prepared baking sheet.  
Bake at 425°F (220°C) for 8-10 minutes or until bread is cooked.

FOR MORE FREE BIBLE RESOURCES AND TEACHER PACKS INCLUDING COLORING PAGES, WORKSHEETS, QUIZZES AND MORE VISIT OUR WEBSITE AT: [WWW.BIBLEPATHWAYADVENTURES.COM](http://WWW.BIBLEPATHWAYADVENTURES.COM)

If you are feeling brave (and indeed, have any flour!), you may like to try making a small loaf of bread with your child(ren).

## GRACE

Alternatively, you could suggest that they write, or suggest a grace that could be said before meals, so that each time they eat or share food, they remember to look for Jesus in the people around them and in those who produced, grew and prepared the food. This is particularly important at the moment when many of those getting our food to us are opening themselves up to possible infection from Covid 19. **GRACE**

## THINKING OF OTHERS

Finally, you may like to suggest that they can bring the love of Jesus to others by writing an old fashioned letter to someone who is alone, and maybe drawing a picture to go with it. Of course, this could well be a member of your own family who you are not able to visit at the moment, or a neighbour or a member of a friend's family.

We would love to see any prayers or drawings on Loaves and Fishes!  
Show us your fantastic bread, too!

