

2020	OUR LADY OF SORROWS
S A C R E D H	The Children's Liturgy.....  @ Home!



Welcome to the Sunday June 7th edition of 'The Children's Liturgy', devoted to our children. We have included activities that would normally take place during our Church celebrations. Instead, during our time of isolation, we all celebrate together in our homes. There is a guide for parents to discuss the gospel and the readings with your children. We would love to see what you have been up to! Please send photos of your activities to : 'Loaves and Fishes ' our group on Facebook. If you don't have Facebook please send them to : shandolos@portsmouthdiocese.org.uk

### Prayer

Generous, giving God, you  
loved the world so much  
you sent us your Son Jesus  
to show us how to live. Help  
us to show our love for the  
world too, respecting and  
protecting it so that all  
people can enjoy it now,  
and in the future.

Amen.



### At the Movies

Have a look at this video  
for "What is the Trinity?"

[https://www.youtube.com/  
watch?v=n-1AdUwbWLw](https://www.youtube.com/watch?v=n-1AdUwbWLw)



*June is dedicated to the Sacred Heart of Jesus*



### Most Holy Trinity Sunday

First Reading:

Exodus 34:4-6,8-9

Second Reading:

2 Corinthians 13:11-13

Gospel:

John 3:16-18

Lots of great resources for  
Families at these sites:

[www.catholicicing.com/](http://www.catholicicing.com/)

[https://ideas.brf.org.uk/trinity-  
sunday-activities](https://ideas.brf.org.uk/trinity-sunday-activities)

[www.cafod.org.uk/Education/](http://www.cafod.org.uk/Education/)  
(Virtual Children's Liturgy )

## CHILDREN'S LITURGY 7<sup>TH</sup> JUNE 2020 GUIDENCE FOR PARENTS

Today is the feast of the Trinity – God the Father, Son, and Holy Spirit.

'Trinity' means something made up of three, and today we give thanks that God shares himself with us through the three persons of the Trinity – the love of God the Father, the goodness of Jesus the Son and the friendship of the Holy Spirit.

But who are these three persons who make up the Holy Trinity and what do we know about them?

God the Father created the world and everything in it. He loves us all dearly and sent his only son, Jesus, to rescue us from sin.

God the Son is Jesus made human. We know many stories which remind us of his kindness and goodness and his love for all people. He taught us how we should live and the path to follow to find our way to heaven. His love was so great that he died on the cross and rose from the dead to save us from sin.

God the Holy Spirit takes many forms: wind, fire, or a dove. He is invisible but very powerful. The Spirit fills us with God's life and warms our hearts with the fire of God's love and courage.

So, there are three persons but only one God. The Trinity is a mystery which we cannot really understand, but because we know the God can do anything, we believe in this mystery. It is part of our faith.

If you have smaller children, one way of trying to explain this may be by saying that mummies and daddies may have different names and may act differently when these names are used. For example, "mummy" may be known as "Jane" to her friends or "Mrs Smith" at work. She is the same person but will bring out a different part of her character when at work than when reading a bedtime story to her children.

### Questions for the children

Can you think of a way we remember the Trinity every Sunday when we come into Church? **(We make the sign of the cross, and say "In the name of the Father, and of the Son and of the Holy Spirit")**

The normal liturgical colour for Ordinary Time is green, but the importance of this feast is highlighted by a different colour. Do you know what colour this is? **(White).**

### What can we do this week to remember the Gospel reading?

As it is Trinity Sunday, it is a good week to be thinking about Love, because it can be said that the Trinity is a "communion" of love (to use a very fancy term). You could draw three interconnected hearts, like these, to show the love of each of the three persons of the Trinity, and therefore the love of God.



Today we hear that God loved the world so much that he sent his only Son, Jesus, into the world so that we might have eternal life.

God loves the world - all the people, plants, animals, birds, earth and everything else in it very, very much. And God wants us to love the world too.

We are called to show our love for the world and for all the people who live in it, for all the birds, flowers, trees and animals, for everything that God has created.

Sometimes, we think that because we are young we can't make a difference in the world. You may think that you have to wait to grow up until people will listen to you. Do you think that is true?

We all have a responsibility to look after the world and all that is in it, to love it and care for it.

Perhaps you already show how you love the world in the way you treat it? Do you recycle? Walk when you can instead of taking the car? Switch things off when you're not using them? What else do you do to show your love for the world?

What new thing will you do this week to show your love for the others and for the world?

## Games to Play



### 1. Three-in-one clothes

Divide the group into three teams. Provide each team with the same set of three items of clothing – soft hat, a jacket and a wrap. At a given signal one member of the team each time must put on these three items of clothing as quickly as possible. However, with each new turn, each person in the team must wear the items in a different way. How many ways can each team think up of wearing the three items as one set of clothes?

### 2. Three-in-one words

Play a game of "taboo" where one person has to try and give clues to a particular word without mentioning that word, while the others guess the word. Words for this game are all ones that have three possible meanings but which look or sound the same. For example:

**Bank** = a place to store money; the edge of the river; the turning of a plane in the sky

**Rock** = a sweet you can eat; a stone you can touch; a movement you can make

**Roll/Role** = a type of bread; the movement of a die; a part in a play

**Road/Rode/Rowed** = something to travel on; what you did on a horse; what you did in a boat

**Vain/Vein/Vane** = full of oneself; something that carries blood; part of a windmill

**Praise/Preys/Prays** = saying something is great; what a lion does; how we talk to God

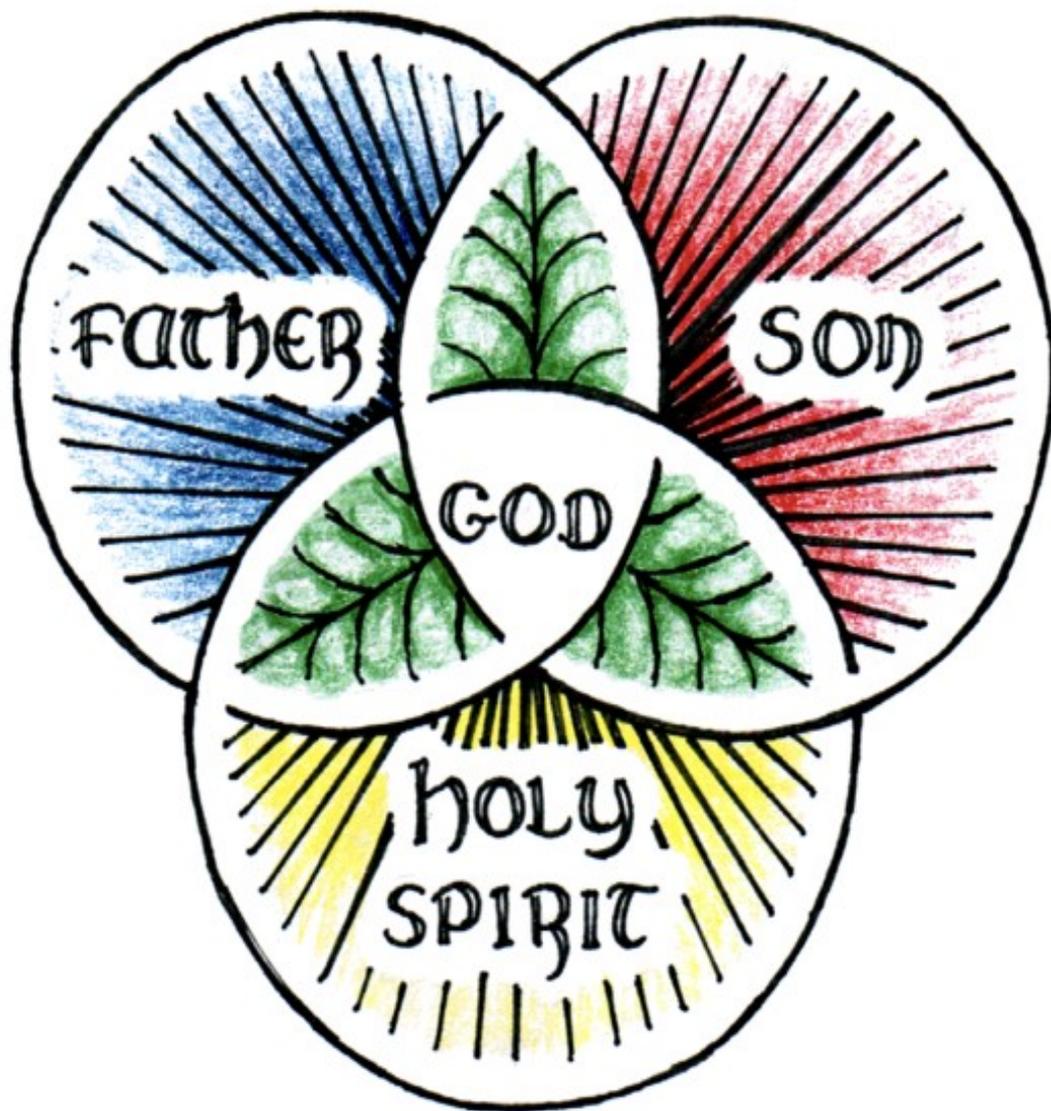
**Rains/Reins/Reigns** = water from the sky; straps on a horse; what a king or queen does

### 3. Three-in-one challenge

Pass around various items among your group. As individuals or as teams, they should try and come up with three different ways the same object could be used. Encourage them to use their imagination as vividly as possible. Objects could include:

a cardboard tube; a piece of hose; a plain piece of cloth; a coloured square of plastic; a twig from a bush; a juggling ball; a ball of cotton wool; a jam-jar; a piece, a bamboo cane; a free CD disc





What does the word "Trinity" say about God?  
Use the code to find out!

Y H F E E    7 E F I O A I

I A    O A E    U O X

D E G H I N O P R S T  
X E U H L A O 7 F I Y

