

2020	OUR LADY OF SORROWS
S A C R E D H	The Children's Liturgy..... @ Home!



Welcome to the Sunday June 21st edition of 'The Children's Liturgy', devoted to our children. We have included activities that would normally take place during our Church celebrations. Instead, during our time of isolation, we all celebrate together in our homes. There is a guide for parents to discuss the gospel and the readings with your children. We would love to see what you have been up to! Please send photos of your activities to : 'Loaves and Fishes ' our group on Facebook. If you don't have Facebook please send them to : shandolos@portsmouthdiocese.org.uk

Prayer

Hold my hand, God,
lead the way,
Help me be good everyday,
Let me know what's
wrong and right,
Keep me safe day and night,
Let me know what
you have planned,
Lead the way God,
hold my hand.



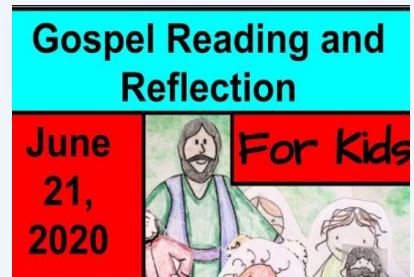
Amen

At the Movies

Gospel Reading and Reflection for
Kids - June 21, 2020 -

Matthew 10:26-33

<https://www.youtube.com/watch?v=LzBAQqSXbdA>



June is dedicated to the Sacred Heart of Jesus



Most Holy Trinity Sunday

First Reading:

Jeremiah 20:10-13

Second Reading:

Romans 5:12-1

Gospel:

Matthew 10:26-33

Lots of great resources for
Families at these sites:

www.catholicicing.com/

<https://ideas.brf.org.uk>

www.cafod.org.uk/Education/
(Virtual Children's Liturgy)

CHILDREN'S LITURGY 21st JUNE 2020 Guidance for Parents

God's message to us today in the Gospel is "Do not be afraid".

The Gospel story tells us that Jesus' friends were not having an easy time and often felt afraid of doing things that they hadn't done before. However, Jesus tells them not to worry or be afraid of people, as being afraid often stops us from doing the things that we need to do. He gave his friends a very important job to do – to share the good news.

In the Gospel, Jesus gives us a wonderful word picture of just how tenderly God cares for us and how valuable we are.

Now read the Gospel together, or listen to Canon Paul reading it in the Zoom Mass.

What do you remember from what you have heard?

Jesus' friends are afraid and don't know what to do. They feel that they aren't very important and that God may not look after them. Jesus looks at the world around them and sees that God is watching over everything, even tiny birds like sparrows. (Have you ever seen sparrows? What do they look like?) In Jesus' time, sparrows were considered to be worth very little and were sold in markets cheaply for the poorer people to eat. But Jesus says that God holds these little sparrows in high regard, and considers them to be very important. If he treats little birds like this, which were considered to be insignificant in Jesus' time, how much greater is the value he places on us, his beloved sons and daughters?

Jesus tells us not to be afraid three times in this Gospel, and assures his believers that their faith will be rewarded, and a time is coming when his teachings will be shouted from the rooftops and obvious to all.

Discussion points from today's Gospel:

- Do you know how tall you are and what you weigh? How many teeth do you have? If I asked you exactly how many hairs were on your head, could you say?
- What does Jesus tell us about the hairs on our head? What does he mean? (God knows us intimately, even better than we know ourselves, and loves and values us) How does this make you feel?
- Have you ever felt frightened?
- Have you ever been unpopular, or on your own against the crowd?
- Did anyone stick up for you or take your side?
- The disciples were having a difficult time and were feeling afraid. The Jews were pushing them out of the synagogues because of their belief that Jesus was the Messiah. God had a special love and care for each of them.
- How did Jesus tell them about their value in God's eyes?
- Thinking about how God values the little sparrows and how much this means he cares for us, does this change the way we might treat other people? Why?
- When you look at the world, what else can you see that might remind you of God's love for us all?

In summary:

Jesus tells his friends that they are worth more than many sparrows. If we ever feel afraid, we can remember those sparrows in the gospel, or some of the other things we have mentioned, and be reminded that God loves us even more.

Jesus says that, because God is looking after them, his friends need not be afraid to speak up and tell everybody about Jesus and the things he said.

Can you remember some of the things Jesus said, that it would be good for us to tell other people? He said we should try to love our neighbours as we love ourselves. Anything else?

In our country, there are not so many sparrows as there used to be a few years ago. We are starting to realise that we need to look after them and to protect the places where they live.

Around the world, lots of the birds and animals and plants that remind us of God also need us to care for them.

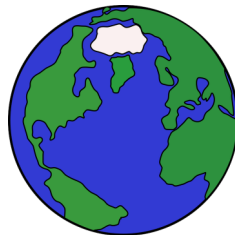
And because of the coronavirus lots of people around the world need our help too to stay safe and well, just like they do in our local community.

The local experts that CAFOD works with around the world are there helping make sure that more people have the food that they need and can wash their hands to stop the spread of germs. They are speaking up on radio stations and on TV so that as many people as possible know how to keep themselves, their families and their communities safe.

God loves us all and so we are called to take care of one another, to love one another, no matter where in the world that we are. We are also called to protect and care for the earth, so that everyone can share in the good things that God has given us.

This can be hard sometimes. We might need to be brave and to speak out for what we know is right when we see others treating people or the earth badly.

Can you try to remember that God loves you this week? And can you be brave and try to share that love with others just like the disciples?

**Prayer:**

Dear Jesus,

Thank you for your message of trust. You tell me you are with me. I never have to be afraid of anyone or anything. You have the words of truth so I believe in You. Whenever I feel afraid, help me remember You are with me. You are always ready to help me if I ask you. Protect me and keep me safe and I will praise you with songs in my heart. Please keep all children in your safe and loving care. Amen.



CATHOLICMOM

SUNDAY GOSPEL ACTIVITIES

Twelfth Sunday in Ordinary Time | Matthew:10:26-33



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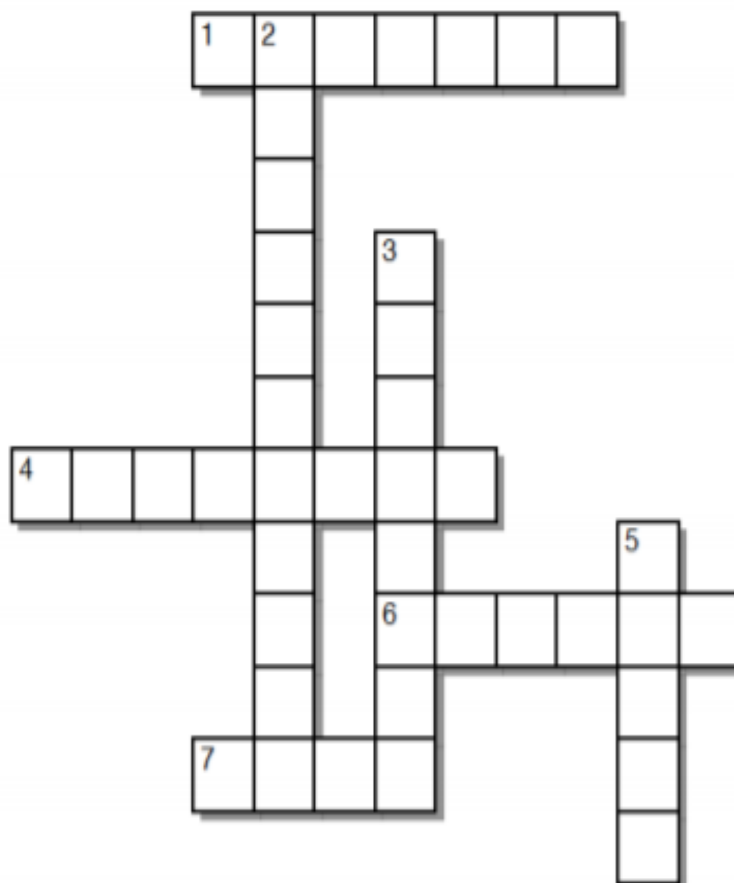
THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER
ACTIVITIES@CATHOLICMOM.COM



CATHOLICMOM
INSPIRED TO FOLLOW THE BEHAVIOR OF JESUS AND HIS DISCIPLES

SUNDAY GOSPEL ACTIVITIES

The Twelfth Sunday in Ordinary Time | June 21 2020 |



Across

1. Today's Gospel is from the Gospel according to _____.
4. To loudly announce to others the Good News; the opposite of whispered in this Gospel.
6. Many times Jesus tells us to, "Do not be _____" in this Gospel.
7. When we will not admit to something we know to be true.

Down

2. When we tell others we know Jesus as our Lord and Savior, we _____ our belief in Him as the Way, The Truth and the Life.
3. Today is the 12th Sunday in _____ time.
5. The opposite of dark.