

## September – 2021

Dear Brothers and Sisters,

I do hope you are all keeping well.

Just thought I would give you an update on my situation. I continue to have a few good days, which has been great among the more frequent not so good. Physio takes place at least twice per week now, in the hope my lungs might improve. I am told this improvement will be key to beating the whole condition, which has also affected my nervous system. My spirits remain good, not least due to the thoughts and prayers of you all. I learned of the recent Novena, which extended way beyond the South Coast I understand. I actually feel the effect of your prayers in my soul. Thank you so much!

I continue to be very grateful to the medics who are going way beyond the call of duty to look after me. As you may know, I have been signed off for six months in the hope I may return a bit sooner. For my part I try my best to follow instructions, which can be hard for me at the best of times! I am finding it increasingly tough to do nothing, especially when I can sometimes see things going on. Beginning in October I will be living away from the parishes for a while to maximise the chances of complete rest.

Finally, I would like to thank once again Brother Hugh, Richard, Fr Paul and the other priests continuing to serve both communities in my absence. Similarly, I am indebted to both PC's and all those who continue to proclaim the Lord in all the different parish ministries. It is a testament to who you are in God's sight and remains an inspiration to me. I miss you all very much.

God bless

John